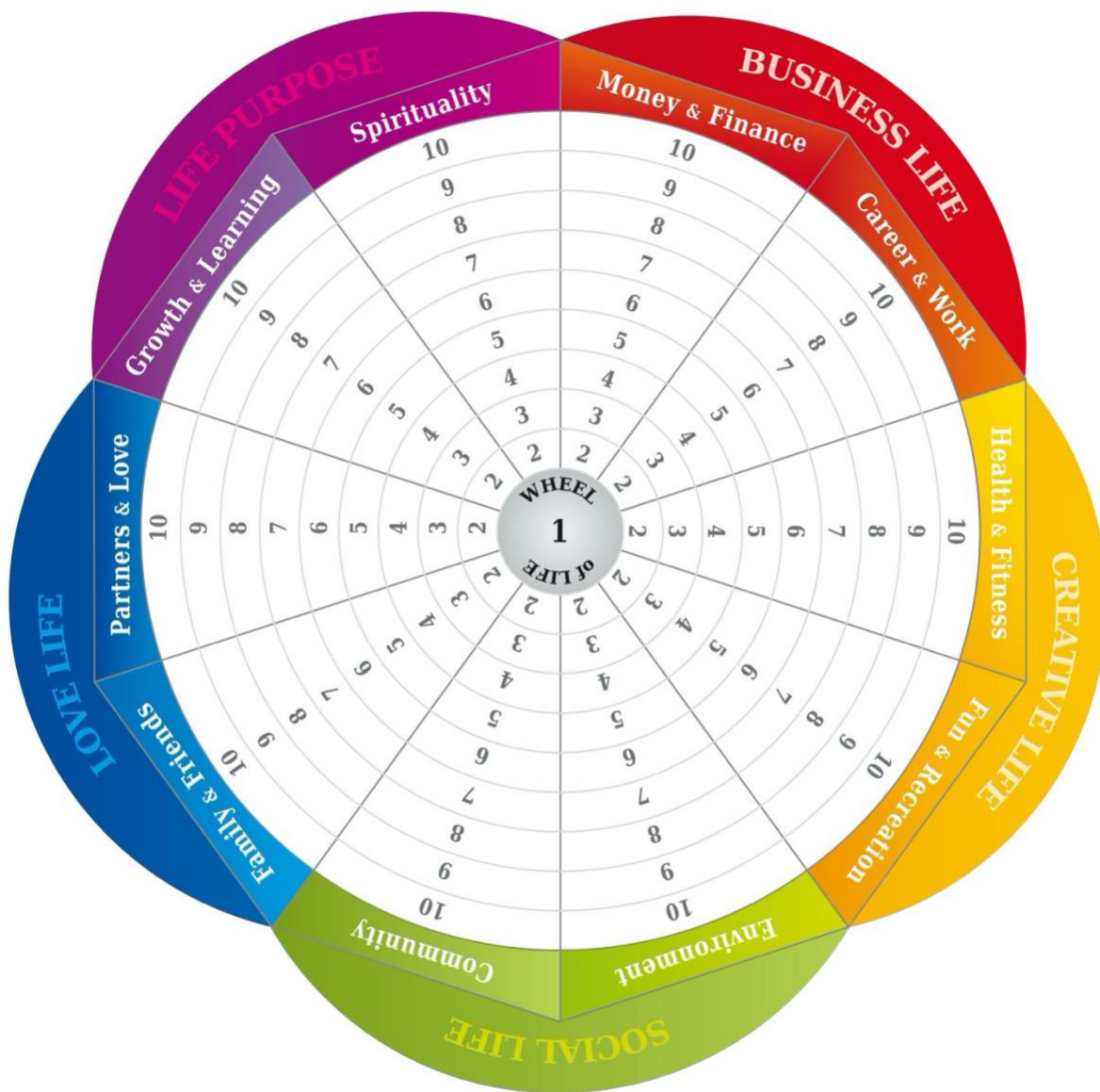




ALEX CARY

GLOBAL LEADERSHIP
COACHING

Rate each area of your life and reflect on what is occurring to have you evaluate it this way.



"The pain pushes, until the vision pulls." – Rev. Dr. Michael Beckwith



Circle of Life Reflections:

1. Which areas are your two highest and your two lowest ratings; what's occurring in these areas?
2. Which area of your circle are you the most accepting with yourself (i.e. self-compassionate, open, curious, willing, experimental)?
3. Which area are you the least accepting with yourself (i.e. judgmental, rigid, demanding, perfecting, second guessing, harassing)?
4. As an act of self-leadership, identify the area that is most important to you (the area which you *want* to devote time and attention to).
5. If action were a 3-foot-toss, what will you take action on? What gets in the way of you taking action*?

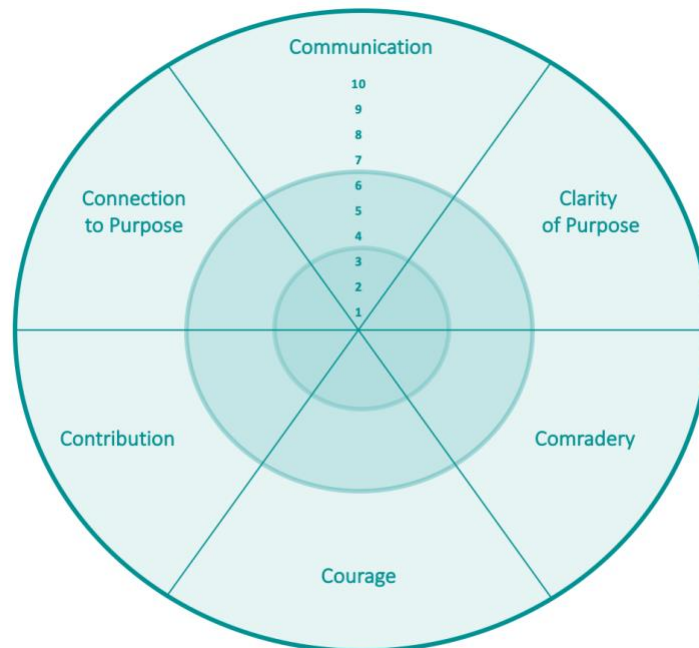
*Coaching is a tool for clarifying what you want, getting into action and handling what gets in the way.



ALEX CARY
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Circle of Success – Culture Climate Indicator

Rate each area, 10 being the highest level of satisfaction and experience of success.



DEFINITIONS

- Communication: The level by which you think/feel there is transparency, kindness, honesty and respect.
- Clarity of Purpose: The level by which you think/feel there's clearly stated and defined direction, objectives, roles, systems / execution.
- Comradery: The level by which you think/feel there is genuine friendliness, caring, personal connection among your colleagues.
- Courage: The level by which you think/feel safe to express new ideas, perspectives, innovations (*no matter how creative*). How curious is the environment?
- Contribution: The level by which you think/feel valued, and that your contribution has impact.
- Connection to Purpose: The level by which you think/feel that the purpose of your work has meaning to you, and the team as a whole.



Circle of Success Reflections:

1. Which areas did you rate highest and lowest? What's occurring in these areas?
2. Which area are you the most accepting with yourself and others (i.e. empathetic, open, curious, willing, experimental)?
3. Which area are you the least accepting with yourself and others (i.e. judgmental, rigid, demanding, perfecting, second guessing, harassing)?
4. As an act of leadership, identify the area that is most important to you (the area which you *want* to devote time and attention to).
5. If action were a simple, one-step task, what will you take action on in the next 48 hours? Does anything get in the way of you taking action*?

*Coaching is a tool for clarifying where you are, what you want, and handles what's getting in the way.